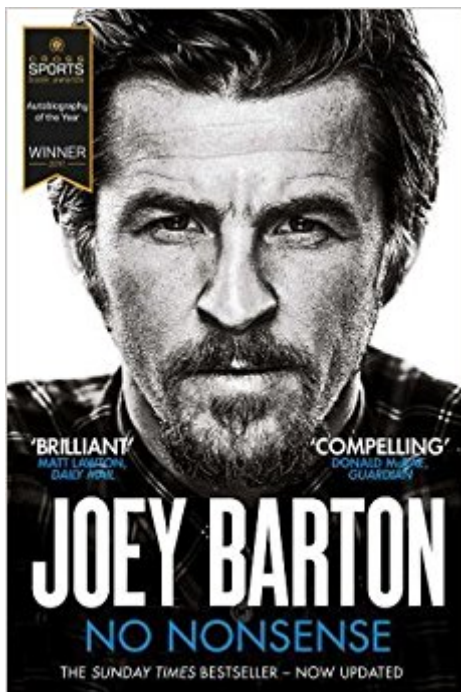


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# No Nonsense: The Autobiography



## Synopsis

THE CROSS SPORTS BOOK AWARDS AUTOBIOGRAPHY OF THE YEAR The Sunday Times bestseller is 'brilliant, gripping, beautifully written, real,' says Jonathan Northcroft. So, you think you know Joey Barton. Think again. No Nonsense is a game-changing autobiography which will redefine the most fascinating figure in British football. It is the raw yet redemptive story of a man shaped by rejection and the consequences of his mistakes. He has represented England, and been a pivotal player for Manchester City, Newcastle United, Queens Park Rangers, Marseille, Burnley and Glasgow Rangers, but his career has featured recurring controversy. The low point of being sent to prison for assault in 2008 proved to be the catalyst for the re-evaluation of his life. No Nonsense reflects Barton's character - it is candid, challenging, entertaining and intelligent. He does not spare himself, in revealing the formative influences of a tough upbringing in Liverpool, and gives a survivor's insight into a game which, to use his phrase, 'eats people alive'. The book is emotionally driven, and explains how he has redirected his energies since the birth of his children. In addition to dealing with his past, he expands on his plans for the future. In this updated edition he speaks frankly about the gambling addiction that has left him facing a hefty ban. The millions who follow his commentaries on social media, and those who witnessed him on BBC's Question Time, will be given another reason to pause, and look beyond the caricature.'Compelling' Donald McRae, Guardian 'Brilliant' Matt Lawton, Daily Mail

## Book Information

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## Customer Reviews

'One of the most remarkable and candid sports books of the year' -- Terry Staunton \* When

Saturday Comes \* 'This is a terrific book, one of the best I've read. There aren't many I've read and

finished and thought damn I've finished. This is one of them' \* Sportnetwork.net \* `Book of revelations: No Nonsense is, to all intents and purposes, Joey Barton: The Director's Cut. Unshackled from the limitations of Twitter's 140 characters, expanded and coloured in with the help of an articulate ghost writer, Michael Calvin. Together they lay waste to the "superficial bollocks" of the modern game' \* When Saturday Comes \* `...this tale of a council estate "scally" (his word) made good through grit, determination and the learning from setbacks is far more than a football book' \* The i \* 'Powerful story...It is superbly written...What makes Barton's book engaging is the candour with which he describes his personal crusade against the demons of violence in his nature and the revelation of inside track details' \* Daily Express \* 'Brilliant, gripping, beautifully written, real' -- Jonathan Northcroft 'Frequently jaw-dropping' -- Matt Dickinson \* The Times \* 'The book is brilliant and in many ways as No Nonsense as the title claims' -- Matt Lawton \* Daily Mail \* 'Barton's compelling autobiography...probes the dark undertow of his past' -- Donald McRae \* Guardian \*

Joey Barton was born in Huyton, Merseyside, in 1982 and has played football for Manchester City, Newcastle United, QPR, Marseille, Burnley and Glasgow Rangers winning one cap for England. A controversial figure who was involved in numerous altercations, he was sentenced to six months in prison in 2008 for assault. More recently, Barton has appeared on BBC's Question Time and developed a huge following on social media.

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